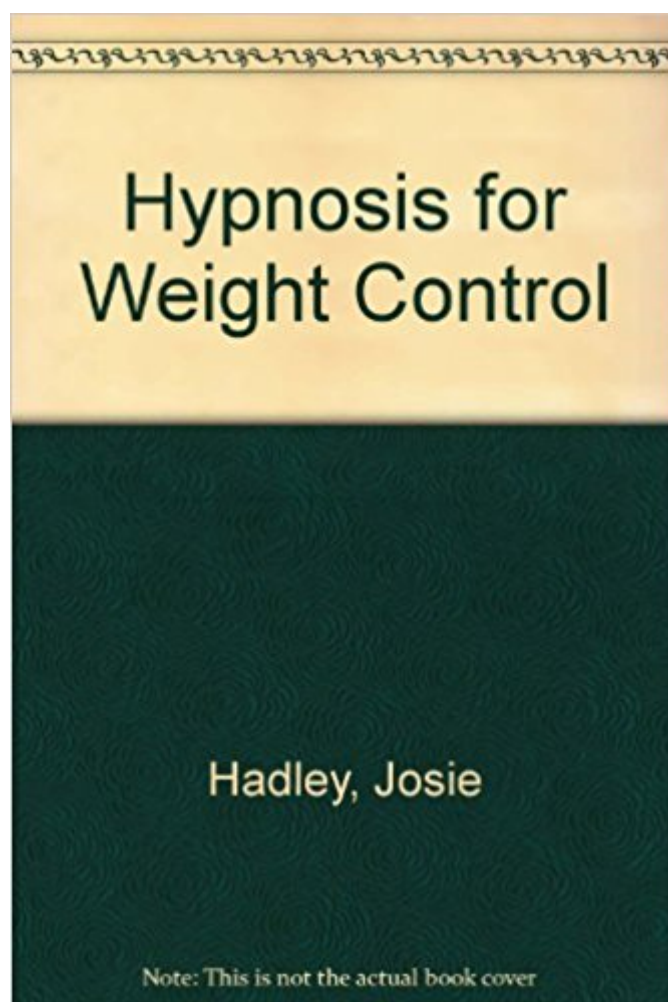


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Hypnosis For Weight Control



Synopsis

AUDIOTAPE This audio program helps you recognize when, where, and why you eat. It guides you to reducing your desire for food, changing your body image, and increasing the appeal of healthy foods. This audio program contains voice recordings only.

Book Information

Audio Cassette

Publisher: New Harbinger Pubns Inc; 1 edition (October 1986)

Language: English

ISBN-10: 0934986312

ISBN-13: 978-0934986311

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